

Sue Fatnowna, Mackay

"I am passionate about what I do, particularly with the breast screening area because I want to protect our future, look after our women, maintain their health so that they can be role models for their children and start passing the breast screening message down as their young girls grow up.

I strongly encourage all of our Aboriginal and Torres Strait Islander women forty years and over to start accessing our breast screening service. You're not alone in the experience and you're going to have plenty of support."

Liela Muirson, Townsville

"Us Aboriginal and Torres Strait Islander people, we have got the worst health statistics and we need to look after our bodies. I'm over 40 and we're more at risk, you know, of maybe having something. So it's just I like to have my mammogram every two years to know I haven't got anything in my breasts. You'll have a few minutes of discomfort but it's better in the long run"

Maleta Nona, Torres Strait

"Although breast cancer is a sensitive area in health, it's just as important as everything else. It might be a little uncomfortable but it will only take a few minutes. Look after yourself first so you can pass on the knowledge and information to your sisters, your family, your daughters, you're grandchildren and so that you're there longer to be with your family."