

Clare: Shan Wilson?

Hi, my name's Clare, I'm going to do your breast screen today.
Have you been to BreastScreen before?

Shan: Yes, I've been twice before

Clare: And this is our machine over here Shan. We're going to do four pictures of your breasts, two on each side. Ok? the breast will sit here, this plate will come down, apply a fair amount of pressure to the breast but only for about 5 to 10 seconds, ok?
Do you have any questions Shan?

Shan: No, it all seems very straight forward.

Clare: Ok, great. If you can just slip your top and bra off please, we'll get started.

Clare: Ok, Shan. We're going to start with the right breast, just stepping forward here. I'll just lift you up onto the plate.

Clare: Ok, now relaxing your shoulders there. I'm just going to lower the plate onto the breast.

It will only stay on for about 5 to 10 seconds. Let me know if its too uncomfortable.

Shan: Ok

Clare: Just gentle pressure there, ok? So keeping really still, and I'll get this picture.
Ok, that's good. So just stepping back now. Now I'm just going to rotate the machine, and we'll do the other side.

Different position this time. Just bring your left arm over the top of the machine, holding onto the bar there. And we're going to have a look at this armpit area.

Just coming forward. Just relaxing that arm as best you can, and try to keep that arm nice and relaxed the whole time. Im going to bring that paddle down, again a bit of pressure. Ok, so just nice and still there again. That's great. Thank you.

And that's us all done. Well done.

Just stepping back, they're all good images.

Shan: Not a problem.

Clare: The equipment here at BreastScreen is state of the art. Because of that you can be in and out within 30 minutes. No longer. The whole procedure is very quick.

Clare: Ok Shan, we got some good images there.

So we'll send them on to our doctors for reading, if everything's fine, they'll send a letter to you and your doctor by mail. Ok?

Otherwise, it's a phone call, if we need to discuss anything further.

Shan: Lovely, thank you so much.

Clare: And a reminder in two years to come back.

Shan: They're just lovely. They just make you feel so much at ease.

You think it's going to be more unpleasant but it really isn't.

And it's over in no time.

And then they just treat you like your an old friend.

And then you go and you don't see them again for another two years.

You know I sometimes wonder what all the drama is all about?